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Sara Dinardo
Make up & other stories

TOWARDS "I DO"

THE ROADMAP TO FEEL PREPARED FOR YOUR WEDDING

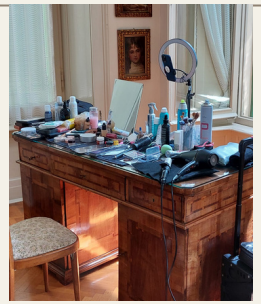
A short guide to help you enjoy every emotion on your wedding day



Sara Dinardo Make Up & Hairstyle,
Bridal Beauty in Umbria & Tuscany

Define

YOUR GETTING-READY SPACE









1. WHERE

If you are getting ready at home—or your venue lets you choose the room—select one with natural light, enough space for professionals to move around you, and a high work surface such as a standard table. Provide a low-backed chair.

2. BRIDAL PARTY

If you are getting ready with others, make sure the room can accommodate professionals and bridesmaids. Ideally, give guests a separate room with enough space, natural light and a suitable work surface.

3. TEMPERATURE

Make sure your getting-ready space is air-conditioned. A fan blowing directly at you is not suitable: it moves the hair during styling. Outdoor spaces (balconies or courtyards) are unsuitable: the sun may shift onto the products or directly onto you, forcing everyone to move.

4. PRIVACY

Choose a room where access can be controlled by closing the door, should you need calm and privacy.

A living room or passageway is not ideal if friends and family will gather at the house before the ceremony.

5. MAKE-UP & HAIR

If hair and make-up are handled by different professionals, keep the workstation nearest the natural light free for the make-up artist, even if they arrive later.



MY RECOMMENDATIONS

BEAUTY

Taking care of yourself is essential—without overdoing it or overlooking a few key details.

Do not try any new face or body treatments in the days before the wedding.

Wash your hair the night before with regular shampoo and conditioner. Do not apply leave-in products unless your hairstylist advises otherwise.

Avoid sunbeds and excessive sun exposure. Watch out for tan lines.

If you colour your hair, allow at least two washes between your colour appointment and the wedding, so the treatment does not affect styling—especially if you plan to wear your hair down.

Be consistent with your skincare.

Schedule any deep-cleansing facial at least one month before, as your skin may react. Hydrating boosts or facial massages the day before are always a good idea.



THE ORGANISATIONAL DETAILS

Ask your photographer what to prepare for the photos: jewellery and accessories, rings, perfume, shoes, stationery and dress. If there are other details you want photographed, make a list and set them aside.

Prepare your getting-ready outfit: robe, slip, pyjamas and slippers.

Prepare a mini sewing kit, small scissors, talc and blister plasters.

Ask each supplier about their payment arrangements.

If you have children, entrust them to someone else while you get ready. Plan their outfits, who will dress them and what time they should arrive.

Do not leave too many decisions open for the wedding day (jewellery, shoes, lipstick colour and hairstyle details).

Pack a clutch with your emergency kit (tissues, medication, make-up and hair touch-ups, stain remover, etc.). Add your phone and decide in advance who will carry it.

Appoint someone to cue the timing and stages of the ceremony if it includes speeches or active participation from guests and witnesses.

If you will not be alone, keep only people who bring you calm and a good mood. You are not obliged to have family and friends around if that is not what you need in that moment.

Do not leave writing your vows until the wedding morning. Handwrite them on paper or have them printed, so you do not read them from your phone during the ceremony.

Give every supplier precise directions to your home or venue, including parking information. Share the contact details of someone who will be with you in case they need to communicate in an emergency.

Choose a playlist for your getting-ready time.

If you are getting ready at home but spending the night at the venue, pack your bag and decide which car will take it there at least one day in advance.

If you are getting ready at the venue, appoint someone with problem-solving skills and taste similar to yours as the suppliers' point of contact for last-minute decisions. Ideally, choose someone who needs little time to get ready and has no fixed schedule.







Think ahead, so you can feel free and light-hearted when it is time to enjoy every moment!







Things to consider when

DEFINING THE TIMELINE

DEFINE YOUR PRIORITIES AND INFORM EVERYONE INVOLVED

If you are not working with a wedding planner, remember that the suppliers who need to coordinate during your preparation are photo and video, hair and make-up.

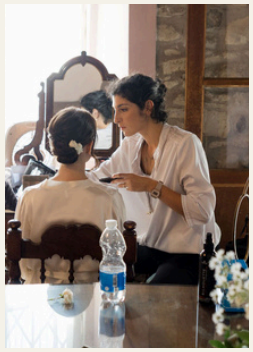
Decide whether any of these moments will happen after you get ready and inform your suppliers if needed:

First look with the groom, your father or bridesmaids. If so, allow time for a touch-up afterwards.

- Photos with your bridesmaids and mother while still in robes or coordinated outfits. This will shift the schedule and extend the dressing time.
- Giving gifts or letters to your bridesmaids.









- Dressing or getting young children ready. If you want to handle this yourself, let your suppliers know.

BETTER TO SHARE ONE DETAIL TOO MANY THAN ONE TOO FEW

If separate professionals handle hair and make-up, schedule the hairstyle first and put them in contact so they can agree on the timeline.

If bridesmaids or friends are getting ready with you, share the glam team's timeline well in advance and avoid last-minute changes. Following the instructions provided (clean, dry hair; a make-up-free face; and any agreed payment arrangements) and being punctual are essential to prevent delays to the bride's preparation.

Remember that the professional getting you ready will set up their workstation once. If they need to move between rooms, tell them when the timeline is planned.

If you are getting ready somewhere other than the ceremony venue, your suppliers need to know what time you must leave to arrive at the church or venue on time.

CALCULATING THE TIMING

If you are getting ready at the venue and arrive that day, be there 30 minutes before your appointment. You will need time to unload the car, organise the room and change into your getting-ready outfit.

Ask your photo and video team what time they want to begin capturing the dressing, so the glam team knows when they must finish.

Allow enough time to get dressed. Underwear, tiny buttons and shoes can take longer than you expect, and photo and video will want to capture each step. I recommend about 30 minutes for dressing alone.

For an afternoon wedding, allow a 20-minute lunch break. The beauty professionals' timeline does not include it. If needed, schedule it before the photographers arrive, while your hair is being done.

LAST BUT NOT LEAST

Share the final pre-ceremony timeline with every supplier involved, asking them to review it and give their final approval.

Don't worry: there will always be room for the unexpected, and the professionals by your side will know how to manage it. But if you can plan ahead, even better!